## Mental Health Diagnosis in Children and Adolescents

#### ADHD

National Resource Center on ADHD CHADD http://www.chadd.org/

#### <u>Anxiety</u>

Anxiety and Depression Association of America <a href="https://www.adaa.org/living-with-anxiety/children">https://www.adaa.org/living-with-anxiety/children</a>

#### Autism

**Autism Speaks** 

https://www.autismspeaks.org/what-autism

### BiPolar Disorder

BPD in Children and Adolescents

https://www.nimh.nih.gov/health/publications/bipolar-disorder-in-children-and-teens-qf-15-6380/index.shtml

### **Conduct Disorder**

http://www.aacap.org/AACAP/Families\_and\_Youth/Facts\_for\_Families/FFF-Guide/Conduct-Disorder-033.aspx

### **Eating Disorders**

https://www.nimh.nih.gov/health/topics/eating-disorders/index.shtml

## <u>Depression</u>

https://www.healthychildren.org/English/health-issues/conditions/emotional-problems/Pages/Childhood-Depression-What-Parents-Can-Do-To-Help.aspx

### Grief

https://childrengrieve.org/about-childhood-grief http://www.dougy.org/grief-resources/how-to-help-a-grieving-child/

### Oppositional Defiant Disorder

https://www.aacap.org/App\_Themes/AACAP/docs/resource\_centers/odd/odd\_resource\_center\_odd\_guide.pdf

## Obsessive Compulsive Disorder

https://kids.iocdf.org/

# **Challenges Facing Students**

### **Bullying**

https://www.stopbullying.gov/kids/

## **Deployment**

http://www.militaryfamily.org/kids-operation-purple/deployment.html?referrer=https://www.google.com/

## Relationships

http://kidshealth.org/en/teens/healthy-relationship.html

### Social Skills

http://www.naspcenter.org/factsheets/socialskills\_fs.html

# **Local Support**

### Depression and Suicide

Communities Health Adolescent Depression and Suicide (CHADS) Chadscoalition.org 314-469-6644

## **Eating Disorders**

McCallum Place Mccallumplace.com 314-498-9495

### Mental Illiness (general)

Karla Smith Foundation

https://karlasmithfoundation.org

618-624-5711

# Teens in crisis

Kids Under Twenty One
Kuto.org
1.888.644.5886
(Youth-staffed crisis line every day after 4 pm)

## **Crisis Hotlines**

Adolescent Crisis Intervention and Counseling Nineline 1-800-999-9999

Drug Abuse Hotline 1-800-888-9383

Department of Child and Family Services 1-800-252-2873

Homeless/National Runaway Hotline 1-800-231-6946

National Suicide Prevention Lifeline 1-800-273-8255 Or text "START" to 741741

Sexual Assault Hotline 1-800-656-4673