

Mascoutah Middle School Athletes & Parents Informational Meeting



Athletic Procedures/Requirements

- ▶ All athletes must sign up in the office.
- ▶ Complete and return signed Emergency Information/Consent Form to the office.
- ▶ Verify with school nurse that a current physical is on file. Physicals are good for 13 months. Physical must not expire during the current athletic season.
- ▶ All book fees must be paid in full.

Athletic Fees

- ▶ There is an athletic fee of \$25.00 per sport at MMS, with a cap set at \$75.00 per athlete per year; and \$150.00 per family cap.
- ▶ The athletic fee must be paid before the first scheduled practice.

Eligibility

- ▶ Mascoutah Middle School conducts weekly grade checks as required by the *Southern Illinois Junior High School Athletic Association (SIJHSAA)*.
- ▶ To remain eligible students must be passing all of their classes. If they are not passing all of their classes, they are declared ineligible.
- ▶ When a student is not eligible they are asked to attend afterschool detention until 4:15/or go to homework lab-then they can attend practice. If they do not attend afterschool/homework lab they are not permitted to attend practice. They are not permitted to participate in games or meets while ineligible. They are not permitted to travel with the team during ineligibility. If they are ineligible for three times during the season-on the fourth time, they are removed from the team.
- ▶ Grade checks are done Monday to Monday.

Extra-Curricular Code of Conduct

- ▶ Participation is a privilege not a right.
- ▶ Participation requires the acceptance of additional conditions.
 - ▶ Sportsmanship-SIJHSAA RULES
 - ▶ Player/coach relationship

Player/Parent/Coach

- ▶ This is what you should expect from every coach:
 - ▶ Philosophy of the coach
 - ▶ Positive Motivation
 - ▶ Constructive Criticism
 - ▶ Expectations
 - ▶ Locations and times of practices/contest
 - ▶ Discipline procedures
 - ▶ Fairness and communication
- ▶ The following is what coaches should expect from parents:
 - ▶ Concerns expressed directly to the coach
 - ▶ Notification of any schedule conflicts in advance
 - ▶ Support of son/daughter in all related activities
 - ▶ Sportsmanship at all contests
 - ▶ Understanding that there are always two sides to every story

The following are appropriate concerns to discuss with the coaches:

- ▶ The treatment of your son/daughter
- ▶ Ways to help your son/daughter improve
- ▶ Concerns about your son' /daughters' behavior
- ▶ Concerns about academics

- ▶ Issues not appropriate to discuss with the coaches:
 - ▶ Playing time of all team members
 - ▶ Team Strategy
 - ▶ Play calling
 - ▶ Other student-athletes on the team

If a conference with a coach is needed:

- ▶ 24 HOUR RULE
- ▶ Call to set up an appointment to see the coach
- ▶ If the coach cannot be reached, contact the office, who will in turn contact the Athletic Director and they will set up a meeting
- ▶ Son/Daughter must attend meeting

- ▶ If this meeting does not provide a satisfactory resolution.
- ▶ Call and set up an appointment with the Athletic Director
- ▶ The discussion will only concern your son/daughter
- ▶ An appropriate next step will be determined

Practices

- ▶ Practices are mandatory.
- ▶ Practices are closed to parents and friends.
- ▶ Athletes should take practices seriously and demonstrate the same behavior that they would in a classroom.
- ▶ A missed practice could result in loss of playing time.

Complete Participation/Quitting a Team

If an athlete does not finish the season, they will not receive an athletic award or be recognized as a member of the team.

- ▶ Because of the overlapping of some sports, some athletes might feel it is not necessary to complete the season that they are in. That is not good sportsmanship and will be considered non-reliable.
- ▶ If an athlete participates in ten practices (pre-season) for a sport he/she cannot quit the sport and join another sport until the sport season he/she quit is completed. The student athlete is not allowed to participate in any workout or practices for the next sports season until the original sport season is finished.
- ▶ Mutual consent by both coaches/AD/Building Principal can waive this rule if the student athlete and team are better off for the change.

Transportation Policy

- ▶ In order to promote TEAM SPIRIT, all students are encouraged to ride the bus home from away games.
- ▶ If an athlete must ride home with their parent or legal guardian they must have a transportation form filled out, signed by the principal, and on file with the coach before the end of the school day of the game.
- ▶ If someone other than a parent is to pick up an athlete, the parent must contact the office and send a signed note to the school office. The note will be signed and given to the coach. No Note, No Exception!
- ▶ All of this must be done before 3:15 for home games, and/or before the bus leaves for away games. **NO EXCEPTIONS WILL BE MADE.**
- ▶ Before an athlete can leave an away game the person taking them home **MUST** sign out on the sign out sheet that is kept by the coach. Teams cannot leave a venue until all athletes are accounted for.

Bus Times

- ▶ Bus times are posted. The bus will leave at the posted time NO EXCEPTIONS.
- ▶ Athletes are encouraged to arrive at the school 15 minutes prior to the bus departure time.
- ▶ If an athlete misses the bus due to lateness, they will not be permitted to participate in the current evenings event.

Parent Pick Up

- ▶ Athletes must be picked up at the end of practice. Coaches are not to wait more than 15 minutes after the end time of practice. If an athlete is not picked up within the 15 minutes-it is considered late pick up. If an athlete is picked up late more than 3 times they will be removed from the team! If a parent is spoke to regarding a late pick up and is disrespectful towards the coach-their athlete will be removed from the team. It is not fair for a coach to have to stay, *for extended time*, with athletes that are not picked up on time. This applies to games/meets as well.

Thank you for your participation at this evening's informational meeting.

▶ Contact information:

- ▶ Michelle Haas-Athletic Director,
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